

# Tentative Outline

## Special Thematic Issue for The Open Psychology Journal

### Psychology of self-cultivation

*Guest Editors: Yung-Jong Shiah, Hwang Kwang-Kuo, Bih-Jen Fwu*

#### **Aims & Scope:**

There is an emergent movement of scientists and scholars working on the dialogue and interaction between Eastern philosophies and self-cultivation. Self-cultivation is the most significant feature of East Asian religions, including Taoism, Confucianism and Buddhism that may distinguish itself from Abraham's religions of other-reliance including Christianity, Islamism and Judaism. Thus, we aim at exploring the most contemporary modes of Eastern philosophical, religious, spiritual thoughts and practices with particular emphasis on their significant application to current psychological research. Taking an eclectic approach to the study of human values, health, and emotional welfare, this international interdisciplinary section hopes to publish original peer-reviewed articles that deal with issues of mental and physical health, by integrating the contribution coming from Eastern philosophical traditions.

**Keywords: self-cultivation, Taoism, Confucianism Buddhism, Eastern philosophical traditions, mental and physical health**

#### **Subtopics:**

The subtopics to be covered within this issue are listed below:

We would like to encourage the scientific community to join in the discussion of these questions. We welcome new empirical findings, theoretical proposals as well as thorough scientific reviews, and specific topics can include but are not limited to:

1. Exploring the most contemporary theories of Eastern philosophical, religious, spiritual thought and practice with particular emphasis on their relevance to current psychological research.
2. Presenting empirical articles that deal with mental, and physical, health in relation to Eastern philosophical, religious, spiritual thought and practice.

Specific areas might include but are not limited to:

1. Personality or self
2. Educational psychology
3. Motivation
4. Mindfulness
5. Social interaction
6. Leadership
7. Cultural psychology
8. Counseling or clinical psychology
9. Emotion
10. Subjective well-being
11. Mental health

#### **Schedule:**

- ✧ Manuscript submission deadline: 31.12.2020
- ✧ Peer Review Due: 30.3.2021
- ✧ Revision Due: 31.5.2021
- ✧ Announcement of acceptance by the Guest Editors: 30.6.2021
- ✧ Final manuscripts due: 15-20

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